

Malphas Harris

Make Them Hear You

Change can only be made if we rise together and protect the weak. I am James, a nurse at a facility I am very sure everyone has heard of. I thought I was nursing women and their recently born babies to health, but I was stealing their rights and their lives away from them. Pregnant women today lose all their rights the moment they conceive a child, this should not be allowed, however, it is because the government and health professionals are lying about saving these women.

When I first started looking into the abortion rights right after Roe Vs. Wade was overturned, I found that women in states with abortion bans “had larger increases in depression and anxiety symptoms than those in the 37 other states” (Weiss 4). This has gotten worse over the years I’ve seen how women who have become pregnant in facilities like where I work lose themselves to depression. I’ve seen women die because they were not given an abortion because the doctors around them believed it was not necessary. Not long after abortion bans started in 2022 “Two women in the study died of maternal causes” (Henry 11). Sense then so many more have died, and if nothing is said, if I keep silent, women will continue to die.

The government does not care about you. The government is not keeping your wife and baby safe from themselves, they are just fulfilling their own messed up sense of morality. Stand up, do not let your wives, your daughters, or your sisters die because the government says so. Stand up, because women cannot stand up for themselves. I have seen the ones I care about die while giving birth because the government did not deem their health important enough.

My friends have come home not the same women after birth because they were forced to have these babies against their own will. Women's bodies change when they get pregnant not every woman is prepared for that, instead we end up with women who "[have] more anxiety and lower self-esteem when the abortion was denied" (Henry 24). Women watch themselves gain weight, lose hair, and their feet can grow, among other things, and you expect them to be the same afterwards when they are forced to go through all these things when they do not want to.

Stand up, call your governor, send letters, express your unrest, express your experience, but most of all express HER experience. Tell your government about the pain SHE experienced, tell them how She feels now, tell them of the death. Make Them Hear You. Shake the foundation of our messed-up rights, of our messed-up view of women's rights. Uphold your civic duty to make change, because SHE cannot.

Finally vote. Make sure this issue does not end here, your vote in your state matters. Do not throw your vote, your voice away. Please help the rest of us so we can all help HER.

Work Cited

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